Lovely Lane *network*United Methodist Church

June 2022

Vision Statement

We are here to reflect God's glory in our congregation, in our world, and in our hearts.

Forgiven by Christ, we forgive. Accepted by God, we accept.

Empowered by the Holy Spirit, we equip, enable, and inspire God's household to servant leadership.



Good Books

I recently finished reading the book, "Leonardo Da Vinci," by Walter Isaacson. A church member loaned me the book. It was a great read. Isaacson is a super author and he specializes in books that focus on individuals from history. Another excellent book from Isaacson is his biography on Benjamin Franklin. I am always interested in a top-notch account of a person's life.

Like many of you, I like to read a good book. I first began to invest in books as a young seminary student in Evanston, Illinois. A professor told me, and others, that we might be appointed to churches off the beaten path. He said we needed to develop our own library and study. Taking his words to heart, I started to purchase as many books as I could afford.

My biggest purchase at the time was a set of biblical commentaries entitled, "Interpretation." I didn't have enough money to purchase all the Old Testament books, but I did purchase the New Testament collection and I started my library. I still find these books meaningful and beneficial.

I am constantly reading my school books, but I rely on other church books too. I try to read a new book about Dietrich Bonhoeffer every year. In February I read a book about one of his mentors, Karl Barth, while I traveled back and forth to Florida for a trip. I relish the books I have from modern theologians and scholars like Marcus Borg, John Dominic Crossan, and Brian McLaren.

Current events motivate me to read books too. Ibram X. Kendi and Eddie Glaude provide significant insights into race relations in their books. Heather and I recently heard Viet Thanh Nguyen speak at Coe College about life as a refugee in America. I look forward to reading his book, "The Sympathizer."

I believe more than ever that reading is essential in our world today. I hope you take the necessary time to read this summer, whether it's done via hardcover, paperback, tablet, or phone. I tend to focus on non-fiction, but there is a wonderful world out there in regards to fiction. I am further reminded of Psalm 119:105, "Your word is a lamp to my feet and a light for my path." (NIV) Grace and peace to each of you, Scott

Calendar of Events (subject to change) — June 2022							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	MMJ = Migrant Move- ment for Justice UMW = United Methodist Women	CCM = Care Center Ministry CWM = Children's Weekday Ministries	1	2	3	4 8:30-11 am Boy Scouts event 4 pm Grad. Party	
5 Annual Confer- ence Weekend 9:30 am In-person & Live-stream worship 12-2pm Congolese 1:45-4:45 pm Boy Scouts event	6 6:30 pm Boy Scouts	7 6 am-9 pm LL as election site 6:30 pm VBS mtg.	8 5-7 pm Youth Grp. Arcade & Pizza Hangout (@ Quarter Barrel)	9 8 am Leadership Team (offsite) 6 pm <i>Nourished</i> Thursday Centering (@ Groundswell Café)	10	11 10 am Nourished Brunch Bunch (@ Feedwell Kitchen & Bakery) 2 pm Baby Shower for Kristina & Ryan	
12 Trinity Sunday (Youth Trip 12th-17th) 9:30 am In-person & Live-stream worship 12-2pm Congolese	13 10 am Happy Endings 6:30 pm Boy Scouts	14	15	16 6:30 pm UMW Pot- luck & Program 6:30 pm Missions mtg.	17 6-8 pm <i>Nourished</i> Fork n' Folk (@ Pastor Kristina's)	18 8:30 am Men's Breakfast Group 1 pm MahJong 1-5 pm Boy Scts. Court of Honor	
19 Father's Day 9:30 am In-person & Live-stream worship 12-2pm Congolese	20 1-3 pm PEO mtg. 6:30 pm Boy Scouts	21 6:30-8:30 pm CAT team	22	6 pm <i>Nourished</i> Thursday Centering (@ Groundswell Café)	24	25 11:30 am-4:30 pm Jesse Fam. Gathering 1-3 pm <i>Nourished</i> Creek Stomping (@ Indian Crk. Nat. Ctr.)	
9:30 am In-person & Live-stream worship 12-2pm Congolese 4-8 pm Youth Grp. Dungeons & Drag- ons Adventure (@ Pastor Kristina's)	9 am Prayer Shawl 6:30 pm Boy Scouts	28	29	4-8 pm Nourished Mega Market (@ Cultivate Hope Urban Farm)			

Matthew 25's 7th Annual Transform Week

Matthew 25 is hosting its 7th Annual Transform Week (June 20-24). Thanks to amazing volunteers, they're able to continue the commitment to quality affordable housing and strong neighborhood building. Our hope is to make this the most impactful year yet!

Lovely Lane will again have a team taking on one or more projects. As a volunteer, you can work as your schedule allows. You can sign up for 1/2 days, full days, multiple days or all week. It's a rewarding feeling to see a project completed for someone truly deserving! Early sign up is encouraged. To register go to hub25.org and then to the Transform Week page. When committing to a project, it's very helpful for us to know how many volunteers we have and what skills they possess. This is all covered during the sign-up process. Contact Pastor Kristina (kristina@lovelylane.org or 319-538-2439) or Les Minor (Iminor@imonmail.com or 319-310-1945) with questions.

Nourished June Events

Thursday Centering:
"The Disabled God: Disability
in a "Normalized" Society

-Thursday, June 9th 6pm -Thursday, June 23rd 6pm -Groundswell Cafe 201-Third Ave SW Cedar Rapids, IA 52404

Mega Market

Thursday, June 30th 4pm to 8pm Cultivate Hope Urban Farm 437 G Ave NW Cedar Rapids, IA 52405 Fork 'n' Folk
Friday, June 17th
6pm to 8pm
3000 Carroll Drive SE
Cedar Rapids, IA 52403

Bring your instruments & a dish to share!

Creek Stomping

Saturday, June 25th 1pm to 3pm Indian Creek Nature Center 5300 Otis Rd SE Cedar Rapids, IA 52403



FOURTH OF JULY



Fork 'n' Folk

Join us for a special evening of Fork 'n' Folk on Fourth of July. Bring a dish to share, your instruments, and a lawn chair. At dusk, we'll pack up and head across the street for fireworks at The Cedar Rapids Country Club!



Bunch Brunch
Saturday, June 11th 10am
Feedwell Kitchen & Bakery



3000 Carroll Drive SE Cedar Rapids, IA 52403 6pm - 10pm



WORSHIP IN JUNE

<u>June 5</u>: **Pentecost** / **Annual Conference Weekend**; in-person & live-stream service @ 9:30 AM / Mr. Charles Crawley / Scripture: Acts 2:1-21 / Sermon: "Pentecost: Party or Protest?"

<u>June 12</u>: *Trinity Sunday / Holy Communion;* in-person & live-stream service @ 9:30 AM / Pastor Kristina / Scripture: Proverbs 8:1-4, 22-31 / Sermon: "Sophia: Wisdom"

June 19: Father's Day; in-person & live-stream service @ 9:30 AM / Pastor Scott / Scripture:

Mark 1:14-20 / Sermon: "Embracing the Opportunities"

June 26: 3rd Sunday after Pentecost; in-person & live-stream service @ 9:30 AM / Pastor Scott /

Scripture: Galatians 5:1, 13-25 / Sermon: "Called to Freedom"



Community Organizing Training this Summer!

This summer Nourished, our missional campus, will be sponsoring a community organizing training called The 8 Front Door Project. Last year, Nourished received a grant for \$5000 to cover a leadership training for its community on community organizing and neighboring. This summer we are using those funds to bring in a non-profit out of Wichita, Kansas called Neighboring Movement. Neighboring Movement works in South Central Wichita, an area known for violence, crime, prostitution, and gun violence. Neighboring Movement purposely chooses to live in this neighborhood to change the narrative, and to particularly change the way that community is talked about around the city. Many of those who work for the non-profit live in the community and they do what is called asset-based community development. Often times, we look at the problems and needs in the neighborhood rather than the gifts, skills, and resources that are already there. That community in Southcentral Wichita that is known for its problems has so many gifts and resources. Asset-based community development builds up a community through its gifts and skills rather than the needs and problems.

So, this summer, Neighboring Movement is flying into Cedar Rapids for a free two-day training on July 15th. 16th. We'll learn how to have a learning conversation, how to meet and talk with our actual neighbors around us, build an asset map for our community, and leave with an action step for a gathering to bring people together. This work is important. We don't know how to meet our literal actual neighbors anymore and tend to stick to ourselves. This training will help you learn how to get out of your comfort zone, to actually meet those who live near you. It's a real issue in our country that so many people feel lonely and isolated. It can take a toll on our bodies and our wellbeing, but if we can learn to meet those around us and build relationships, there is a shift in the community. People feel heard, seen, valued, and loved.

I encourage you all to sign up for a part of this training or the whole two days. It's entirely free. We'll gather at 12:30pm for a free lunch on Friday, July 15th, finishing up by 5pm and come back together at 8:30am for breakfast, finishing up by 12:30pm on Saturday, July 16th. You may signup for the neighboring training by emailing me at kristina@lovelylane.org or by signing up at http://nourishedcr.org/8-front-doors-workshop/.

Blessings, Pastor Kristina

SAFE SLEEP CLASS

We know that Sudden Infant Death Syndrome (SIDS) is an unexplained death of an infant under one year of age. It is one of the leading causes of death in the U.S. for infants one month to one year of age. 50% of child deaths in Linn Co. were children under the age of one. We can decrease the baby's risk of SIDS by providing a safe sleep environment.

A woman can register for a Safe Sleep Class by calling Becky at 319-730-7354 (Eastern Iowa Women's Health Center). The woman needs to be at least 28 weeks pregnant, below the 200% federal poverty level and does not have a safe sleep environment for her infant (i.e., Pack N Play, bassinet or crib). The family will receive a free Pack N Play after attending this 2-hour class. The majority of women that have Medicaid are eligible and are encouraged to attend this class.

The education class consists of Safe Sleep practices, importance of vaccinations, and well baby check-ups. It is held at the EIWHC, 4251 River Center Ct. NE, CR. Call Laurie Jasper, Maternal Health Nurse from HAiCAP, at 319-538-4806 with any questions.

Thank You Note

We received your organization's contribution of \$351 to Women At The Well UMC. We are humbled by the generous support of organizations like yours who give to keep this ministry going. With less than 25% of our annual budget being supported by various grants, many of which are diminishing during these difficult economic times, we depend on organizations like yours to make this ministry possible. Thank you so very much!

The following will be officially welcomed as new members of our congregation during 9:30 AM worship on Sunday, June 19th: Dustin & Tracy Ashmore, Stan Coleman, Debbie Hahn, Sheila Hahn, Nancy Patrick, Mitch Turner & Cindy Pringle, and Alfred Zigbuo. Welcome, all!

Summer Wellness from your Health & Wholeness Committee

Summer is upon us, which means we need to take a mental shift to warmer weather. This means that we must think about safety when being active outdoors. Here is a list of things to think about as you plan your summer vacations and are active outdoors (running, hiking, gardening, riding your bike, mowing the lawn, etc.):

Wear Daily Sunscreen: Reduce your skin cancer risk by wearing sunscreen daily. The American Academy of Dermatology recommends applying sunscreen with an SPF of 30 or higher. If you're swimming or sweating, reapply as needed. Mineral-based sunscreen is best as it doesn't contain harmful chemicals. *I suggest Blue Lizard*.

Stay Hydrated: Staying hydrated is important for body function, especially during the summer. Fluids are lost through sweat. If you're spending time outdoors, be sure to drink plenty of water. You might also consider drinking a sports beverage to replenish electrolytes lost in sweat. I recommend Nuun tablets that can be dropped in your water. They replenish electrolytes but do not contain as much sugar as drinks like Gatorade or Powerade. You can find Nuun tablets in the Hy-Vee Health Market, New Pioneer Co-op, or possibly the Iowa Running Co.

Use Insect Repellent: Summer not only brings harmful UV rays but also bugs! Protect yourself from diseases such as the West Nile Virus or Lyme Disease by wearing bug repellent. Be sure to also eliminate any standing water in your yard, which can be breeding grounds for mosquitos.

Eat Healthy Food: Summer is rich here in Iowa with fresh produce. Head out to a local farmers market or consider participating in a CSA share with a local farmer. Remember that the fresh ingredients will be within a certain radius of CR. Even so, consider a small garden box or container gardening on your own porch.

Check Your Car: We can easily get distracted and for get that pets or children may be left behind when leaving the car. The car can quickly reach a high temperature even if just running inside the store quickly. Never leave pets or children inside the car, even if it's only intended to be a short period of time.

Pay Attention to Poisonous Plants: Poison ivy, poison sumac, or poison oak can cause issues for a large percentage of the population. Always be aware of the plants around you. If you're working in brush, wear long shirts and pants, and heavy-duty gloves, and wash them immediately when finished for the day. My motto with poison ivy: "Leaves of 3, let them be!"

Wear Sunglasses: The sun's rays are not just harmful for our skin, but they're also harmful to our eyes. Be sure to wear sunglasses this summer to protect your eyes from the harmful UV rays, protecting yourself from certain cancers that are UV related.

(Ideas taken from: https://info.totalwellnesshealth.com/blog/summer-safety-tips)

April Financial Totals					
Cash inflow—mo. of April	\$ 35,099				
Cash inflow—YTD	\$200,482				
Budget need/month	\$ 50,132				
Cash outflow—mo. of April	\$ 44,684				
Cash outflow—YTD	\$183,983				
Unpaid apportionments	\$ 0				

Solid Waste Agency Recycling Education Event Mon., June 20th, 6:30-8 pm, @ St. Paul's UMC

During this event, we'll discuss what recycling is, how the process works, and methods to improve recycling. Guest speakers include Karmin McShane and Jason Evans from the CR/Linn Co. Solid Waste Agency. Registration is encouraged @ https://forms.gle/pVigTds5wez95qin8.



Youth Group: June Gatherings

6/8, 5-7 pm: Arcade & Pizza Hangout @ Quarter Barrel

6/12-17: Summer Youth Trip to Wichita, Kansas 6/26, 4-8 pm: Dungeons & Dragons Adventure (@ Pastor Kristina's)

Happy Endings, the book discussion group, will meet on Monday, June 13th, at 10 AM in the church library. The book to read for June is *The Five Wishes of Mr. Murray McBride* by Jo Siple. For our July 11th meeting, we will read *Moment of Lift* by Melinda Gates. For August 8th, we'll read *The Tender Land* by William Kent Krueger. Happy Summer Reading!

HAPPY ENDINGS



Society

Thursday Centering in June!

Thursday, June 9th Thursday, June 23rd





VBS:

Discovery on Adventure Island

July 11-15, 5:30pm-8:00pm Meal for families and youth at 5:30pm, VBS at 6pm

VBS is a collaboration between Lovely Lane and Hope UCC.
This year, it'll be held at Lovely Lane UMC!



Sign Up in the office or online at: https://forms.gle/XF4hUa1R7p9gPCwp6

WORSHIP VOLUNTEER SERVANT SIGN UP

Please visit the church's website (www.lovelylane.org) to sign up as a Worship Volunteer Servant: greeter, usher, lector, &/or communion server. You will find the sign-up link for the 9:30 AM summer service listed in the website under "Worship Servant Signup." Please check your calendar and choose a date(s) to serve in this important ministry! Thank you in advance for dates you can help!

Concerns & Celebrations

JOYS:

- *Celebrations in the month of May
- *Wonderful Women's Retreat on Saturday, 4/30
- *Congratulations to Rachel & Carson Lauf on the birth of Jace Andrew
- *Administrative Professionals Day, celebrating Sue and Marti
- *Marci Wittles' granddaughter in local play
- *Appreciation for our mothers & the wonderful women in our lives
- *Celebrating the baptism of Madelyn Rae Worley, daughter of Brock & Rachel Worley
- *Celebrating the baptism of Hayden Kay Hagarty, daughter of Caleb & Jordan Hagarty
- *Millie Corbett with family in worship & news of grandson's engagement
- *Bill & Gloria Jahnel celebrate birth of great grandchild
- *Celebrating Julie Meyer's years serving as Kids Club Director
- *Educating ourselves about ways to support refugee families
- *Congratulations to our High School Graduates! Very well done, everyone!
- *Congratulations to graduate, Justin Hingtgen, with the Kadlec Scholarship
- *Summer worship hours are in effect; one alltogether worship service on Sundays @ 9:30 AM
- *Annual Conference is June 4-5 in West Des Moines; this is the yearly gathering of clergy & lay leaders around the state
- *Youth Mission Trip starts on June 12th; youth & adults are travelling to Wichita, KS
- *LL's Baby Shower for Pastor Kristina & Ryan is on Saturday, June 11th, @ 2 PM; sign up with the church office if you can attend
- *New members will join the church on June 19th

CONCERNS:

- *Sympathy to Glenn & Kim Hammer following the passing of Kim's father
- *Sympathy to the family of Jean Fitz; her service was on 5/11, at Cedar Memorial
- *Sympathy to Anita DeVries & family following the passing of her husband, Tom; services held in Rock Island, IL
- *Sympathy to the family of Berta Mullin upon her passing; her service was on 6/1 @ Cedar Memorial
- *Sue & Jim Moss on the death of their beloved 13-yr. old coonhound mix, Quetico
- *ReGina Culbertson with health concerns
- *Sue Moss with health concerns (doing better)
- *Rita Stewart's son, Quintin, in New Mexico with wildfires (also Rita's mother with health concerns)
- *Marci Wittles' sister, Lela, with health concerns
- *Stephanie French's sister, Wendy, with diabetes & other health concerns
- *Alfred Zigbuo's, sister-in-law, Katie
- *Travis Meiborg's nephew, Maxwell
- *Jim Moss's co-worker, Chaz, going thru a difficult time
- *Jim & Barbara Vancura's neighbor, Bob, with health concerns
- *Emotion following the potential overturning of the Supreme Court Decision, Roe vs. Wade
- *The community & families in Uvalde, Texas, following the deadly & senseless elementary school shooting *Country of Ukraine & other world concerns

Remembering with love:

James Laríson.....2017

Louie Stolba.....2021

Administrative Council 2022 Goals

- 1. Expand our Worship + 2 Discipleship Pathway for all church members. Extra efforts should be placed on reaching youth, millennials, and young adults.
- Explore and develop partnerships with local churches and groups in the greater Cedar Rapids area. Look for settings in which Lovely Lane's DNA can be helpful.
- 3. Work with Pastor Kristina to develop the Nourished Community at Matthew 25. We are trying to reach persons who might be turned off by traditional church.
- 4. Address social issues that need attention. Create settings in which matters can be addressed. Consider worship focus and study groups with a call to action.
- 5. Support our Congolese worshipping community on Sunday morning.



EMBODYING ... DISCERNING ... **DISCOVERING** ... THE WILL OF GOD



Find out more about us:

Website: www.lovelylane.org

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