

# Lovely Lane *network* United Methodist Church

February 2022

## Vision Statement

We are here  
to reflect  
God's glory  
in our  
congregation,  
in our world,  
and in our  
hearts.

Forgiven  
by Christ,  
we forgive.  
Accepted  
by God,  
we accept.

Empowered  
by the  
Holy Spirit,  
we equip,  
enable,  
and inspire  
God's  
household  
to servant  
leadership.



## Moving Forward

One word that has been on my mind, and probably all of our minds, is “Perseverance.” We have seen the need to persevere during the pandemic, derecho, economic uncertainty, and hiring challenges in the workplace. Perseverance is often defined as a continued effort to do something despite difficulties, failures, or opposition. More than ever, we see the need to keep moving and keep going.

In regards to this topic, Ralph Waldo Emerson once said, “Our greatest glory is not in never failing, but in rising up every time we fail.” Walter Elliott once noted, “Perseverance is not a long race; it is many short races one after the other.” In Galatians 6:9 we read, “Let’s not get tired of doing good . . .” (CEB)

I recently came across a helpful list from Success Magazine that names “9 Different Ways We Can Improve our Perseverance Skills.” Perhaps one of these ways strikes a chord as we look to carry forward in a good way? The list is . . .

- 1) Don’t Be Afraid to Fail
- 2) Be 1% Better Every Day
- 3) Begin to Take Risks
- 4) Understand Resistance
- 5) Exercise Regularly (And there’s a 40% rule here. If we complete 40% of the task, our likelihood of quitting drops drastically.)
- 6) Build a Network of Support
- 7) Keep Our Goals in Mind
- 8) Set Clear Benchmarks
- 9) Remember our “Why” (We have to keep going back to our mission or purpose behind why we do what we do.)

Might we keep working to persevere! Might our efforts inspire others along the way! *Many blessings to each of you, Scott*

Calendar of Events (subject to change) — February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b>	<b>2</b> 9:30 am <i>Online Bible Study</i> 5:30 pm Family meal 6 pm KidsClub 6 pm Bible Study 6-7:15 pm Confirmation Class 7:15 pm Bell Choir	<b>3</b>	<b>4</b>	<b>5</b> 7 am-3:30 pm Parking for Kennedy Speech Event
<b>6 Communion</b> 8:30 am In-person Worship 9:30 am Sunday Schl. 10:30 am In-person & Live-stream worship 5-6:30 pm Youth Grp.	<b>7</b> 6:30 pm Boy Scouts	<b>8</b>	<b>9</b> 9:30 am <i>Online Bible Study</i> 5:30 pm Family meal 6 pm KidsClub 6 pm Bible Study 6-7:15 pm Confirmation Class 6-7:15 pm Youth Grp. 7:15 pm Bell Choir	<b>10</b> 8 am Leadership Team (offsite) 1 pm <i>UMW Zoom mtg.</i> 6-7 pm <i>Nourished</i> Thursday Centering (@ Groundswell Café) 6:30 pm Missions	<b>11</b>	<b>12</b>
<b>13 Youth Group Super Bowl Sub Fundraiser (NO evening Youth Group)</b> 8:30 am In-person Worship 9:30 am Sunday Schl. 10:30 am In-person & Live-stream worship	<b>14</b> 10 am Happy Endings 6:30 pm Boy Scouts	<b>15</b> 10 am-4 pm Iowa MMJ (fka JFON) Atty. office hrs	<b>16</b> 9:30 am <i>Online Bible Study</i> 5:30 pm Family meal 6 pm KidsClub 6 pm Bible Study 6-7:15 pm Confirmation Class 7:15 pm Bell Choir	<b>17</b> 5:45 pm Trustees 6 pm Health & Wholeness	<b>18</b> 6-8 pm <i>Nourished</i> Fork n' Folk (@ Pastor Kristina's)	<b>19</b> 8:30 am Men's Breakfast Group 5 pm Confirmation Field Trip (Vespers Service at St. George Greek Orthodox Church)
<b>20</b> 8:30 am In-person Worship 9:00-10:30 AM HEART HEALTHY BRUNCH 9:30 am Sunday Schl. 10:30 am In-person & Live-stream worship 5-6:30 pm Youth Grp. (location TBD)	<b>21</b> 6:30 pm Boy Scouts	<b>22</b>	<b>23</b> 9:30 am <i>Online Bible Study</i> 5:30 pm Family meal 6 pm KidsClub 6 pm Bible Study 6-7:15 pm Confirmation Class 6-7:15 pm Youth Grp. 7:15 pm Bell Choir	<b>24</b> 6-7 pm <i>Nourished</i> Thursday Centering (@ Groundswell Café)	<b>25</b>	<b>26</b>
<b>27</b> 8:30 am In-person Worship 9:30 am Sunday Schl. 10:30 am In-person & Live-stream worship 5-6:30 pm Youth Grp. (location TBD)	<b>28</b> 9 am Prayer Shawl 6:30 pm Boy Scouts		CCM = Care Center Ministry CWM = Children's Weekday Ministries UMW = United Methodist Women			

**Nourished: The Missional Campus of Lovely Lane—February Events:**

**Our New Series: "Throwing Shade on Bad Theology"**

**Thursday Centering, February 10th, 6 pm at Groundswell Café (201 Third Ave. SW)**

**Thursday Centering, February 24th, 6 pm at Groundswell Café (201 Third Ave. SW)**

**Fork n' Folk**

**Friday, February 18th, 6 pm - 8 pm, Fork n' Folk at Pastor Kristina's House (3000 Carroll Dr. SE):**

Bring a dish to share and your favorite instrument if you have one for an evening of good food and good music.

For more information about the Nourished Community, email Pastor Kristina at [kristina@lovelylane.org](mailto:kristina@lovelylane.org)

 [facebook.com/NourishedCR](https://facebook.com/NourishedCR)



## SUNDAY WORSHIP IN FEBRUARY

Feb. 6: **Communion**—in-person @ 8:30, in-person & live-stream service @ 10:30 AM / Pastor Scott / Scripture: Matthew 28:16-20 / Sermon: “Embracing the Great Commission”

Feb. 13: **6th Sunday after the Epiphany**—in-person @ 8:30, in-person & live-stream service @ 10:30 AM / Pastor Scott / Scripture: Micah 6:1-8 / Sermon: “Embracing the Great Requirement”

Feb. 20: **7th Sunday after the Epiphany**—in-person @ 8:30, in-person & live-stream service @ 10:30 AM / Pastor Scott / Scripture: Acts 1:1-11 / Sermon: “Embracing the Great Invitation”

Feb. 27: **8th Sunday after the Epiphany**—in-person @ 8:30, in-person & live-stream service @ 10:30 AM / Pastor Kristina / Scripture: Luke 9:28-43a / Sermon: “The Mountains are Calling”

March 2: **Ash Wednesday Worship**—in person @ 7:00 PM, led by the Confirmation Class

PASTOR SCOTT’S STUDY GROUPS continue on Wednesdays at 9:30 AM (via Zoom) and 6:00 PM (in-person). We are continuing our study on “Living the Questions.”

### Morning Devotions Coming

Pastors Scott and Kristina will share devotions on weekday mornings from January 31 – February 11. The focus is “Favorite Bible Passages.” The devotions will come via our congregational list. Please let the church office know if you are not receiving regular emails from the church.

### The Joy of New Life

My husband and I had a great visit to Los Angeles, California this past January. It was part anniversary trip, remembering our honeymoon to California just two years prior, but it was also a trip to celebrate the new birth inside of me. We were thrilled to finally announce our pregnancy in church on January 23<sup>rd</sup>. If you were absent that Sunday, my husband and I are expecting our first child, who we are calling Baby Noodle until we learn the gender and choose the name. The baby is due on August 2<sup>nd</sup>, and we cannot wait to meet our little bundle of joy.

While we continue to celebrate this joy and look forward to celebrating with each one of you as we move forward, we remember where we’ve come from. It took us a while to get pregnant. For a large part of 2021, we were trying to have a baby. As the months went by, we grew weary, tired, lonely, and sad as we saw so many friends and family announce pregnancy or celebrate the birth of a new baby while we continued to wait. So, as we celebrate and announce the pregnancy, we hold close in our hearts and our prayers those couples who are struggling to get pregnant, who have lost a child, miscarried, and for those couples who tried to get pregnant, yearned for it deeply, and learned it was not possible. It’s a grief that so many experience and continue to live through.

We’re grateful for this gift of life and hold closely in prayers our friends who continue to wait, our friends who miscarried, and our friends who were never able to have children. May we all hold each other in community together, and may the God of all hope fill us all with joy and peace, regardless of whatever we are facing. *Pastor Kristina*

## United Methodist Women News

### UMW Meeting

Due to the continued surge in Covid cases, we will again meet virtually via Zoom on Thursday, Feb. 10<sup>th</sup>, at 1 PM. Please make sure that we have your E-mail address for your participation in this meeting; send it to [scottm@lovelylane.org](mailto:scottm@lovelylane.org). **We invite you to join us via Zoom to learn about our UMW emphasis and share this time of fellowship with us.**

Our program, presented by Cheryl Murphy, will be our annual Call to Prayer and Self-Denial. The 2022 theme is "Love, Justice and Service: Answering the Call." This year's special offering is designated to the Order of Deaconess and Home Missioners, administered by UMW.

The Order of Deaconess and Home Missioners are lay people consecrated to a lifetime of service under the authority of the church to full-time vocations of love, justice and service. Their ministries make a difference in the lives of women, children and youth. This offering will help support and provide education and training for active deaconesses, home missioners, and candidates. Funds will also provide support to retired deaconesses. **Send your donations for this Prayer & Self-Denial offering to: Cindy Sale, 3316 Riverbend Dr. N.E., CR, IA 52411.**

**February has been the month when we've traditionally made "plates of love" in the form of homemade cookies and taken them to homebound congregation members.** Unfortunately, this year that's not going to be feasible, but we still would like to let our homebound members know that they're remembered by sending them special notes of "love" in the form of Valentines. **Please let us know if you can help us write and send out these Valentines.**

### UMW Tuesday Morning Bible Study

Due to the continued surge in Covid cases, the Tuesday Morning Bible Study will stay on **hiatus thru February**. Hopefully, by Tuesday, March 1st, we'll be able to meet in person again. At that time, we'll finish our study of Romans and begin a study of Paul's letters to the Corinthians. We invite anyone available on Tues. mornings from 9:30-11:15 AM to join us. We've decided to not only Lug our Mugs, but to fill them at home. So, bring your coffee, tea, juice or water with you.

### Administrative Council 2022 Goals

1. Expand our Worship + 2 Discipleship Pathway for all church members. Extra efforts should be placed on reaching youth, millennials, and young adults.
2. Explore and develop partnerships with local churches and groups in the greater Cedar Rapids area. Look for settings in which Lovely Lane's DNA can be helpful.
3. Work with Pastor Kristina to develop the Nourished Community at Matthew 25. We are trying to reach persons who might be turned off by traditional church.
4. Address social issues that need attention. Create settings in which matters can be addressed. Consider worship focus and study groups with a call to action.
5. Support our Congolese worshipping community on Sunday morning.

### MEN'S BREAKFAST



The next gathering is Saturday, February 19, at 8:30 AM. Alfred Zigbuo will speak about his experiences coming to America and his call to ministry. All are welcome!

**Friendly Fellowship** is still not meeting due to the continued problems with Covid-19. In the meantime, please feel free to check with each other by phone, E-mail, or regular mail. We will be sooooo happy when we can finally get together again in person at the church for food and fellowship, won't we?! Hopefully, it will happen sooner rather than later!!

## Thank You Notes

**Thank you** for your generosity this holiday season. Because of you, 80 families and over 200 children in our community were blessed with gifts. We look forward to our partnership throughout the new year! *Tanager Place*

**Thank you** for your generous support over the past year. It is because of donors like you that we are able to help those in need. Your 2021 contributions to our organization totaled \$1,738.76. *Women At The Well*

### FIVE TIPS TO HELP YOU PRACTICE SELF-LOVE\*

The idea of practicing self-love can be daunting. We're constantly facing internal and external challenges, such as busy schedules that make pausing for self-love or self-care seem impossible.

However, taking small steps each day or week to take care of and love yourself can help you better manage daily challenges and put more passion into what you do. In fact, research shows that having more self-compassion — being kind to yourself, recognizing your place in humanity and practicing mindfulness — builds resilience in the face of adversity. Try these five tips:

1. **Celebrate the small wins.** Be proud of yourself for every win, even the small or “ordinary” ones—such as cleaning, taking care of the kids, waking up early to exercise, etc.
2. **Create a “no” list.** This list should include things you know you don't like or no longer want to do—like not checking E-mails at night or attending gatherings you don't like.
3. **Connect with loved ones.** Connect with family and friends who support and love you and can help build your confidence. This can be in-person, via video or phone calls, or texting.
4. **Recognize your emotional and spiritual needs.** Recognize how you're feeling and what will help you each day. This may include physical exercise, meditation or relaxation exercises.
5. **Be kind to yourself.** Every day won't be perfect, and that's OK. If you're struggling to practice self-love or aren't feeling well today, show yourself compassion and forgive yourself.

Another important part of practicing self-love is recognizing when we might need help. If you're struggling with feelings of anxiety or depression, take care of yourself and your mental health by asking for support. Reach out to your primary care physician or a mental health professional.

(\*by Rubina Kapil, Mental Health First Aid)

**Health & Wholeness Committee**

#### December Financial Totals

Cash inflow—mo. of Dec.	\$ 63,901
Cash inflow—YTD	\$423,012
Budget need/month	\$ 45,253
Cash outflow—mo. of Dec.	\$ 40,796
Cash outflow—YTD	\$508,330
<i>Unpaid apportionments</i>	\$ 0

#### INCLEMENT WEATHER POLICY



If the CR School District cancels classes due to inclement weather, LL church activities/events will also be canceled that day. You can call the church with specific questions. If Sunday AM worship is canceled, look for the notice that should be posted on KCRG-TV (ch. 9) and KGAN-TV (ch. 2).

We will also attempt to post a notice on our website when activities are canceled or postponed.

#### Celebrate Your Favorite Sports Team

On Super Bowl Sunday, **February 13**, you are invited to **wear a shirt or sweatshirt from your favorite sports team or college** to worship! This will be a fun way to celebrate this big sports day!!

## Super Bowl Youth Fundraiser



The youth group will be having a fundraiser for the Superbowl, Sunday, February 13<sup>th</sup>! Please sign up at the link below by Wednesday, February 9<sup>th</sup> if you would like to sign up. Email Pastor Kristina with any questions: [kristina@lovelylane.org](mailto:kristina@lovelylane.org).

**Sub Choices:** Ham, Turkey, or Roast Beef  
Provolone or Cheddar Cheese  
Includes Lettuce and Tomato

Suggested Donation: \$5-10 per sub

Subs will be available for pickup at the church after each service on Sunday, February 13<sup>th</sup>. Please indicate which service you would like to pick up your subs at.

SignUp Link: <https://forms.gle/X6KnaDMA6gZE5UD79>

## Youth Group: February Gatherings

- \* Sunday, February 6<sup>th</sup>, 5 pm - 6:30 pm: TV Talks at the church
- \* Sunday, February 13<sup>th</sup>, Super Bowl Fundraiser: Youth will make sub orders for the congregation to raise money for their summer trip. Students will meet at the church during worship to assemble the subs. No youth group that evening.
- \* Sunday, February 20<sup>th</sup>, Coffee Shop Adventure, 5 pm - 6:30 pm. Location TBD.
- \* Sunday, February 27<sup>th</sup>, Winter Adventure, 5 pm - 6:30 pm. Location TBD.

For more information about the youth group, contact our youth leader, Ryan Roth-Klinck, at [ryan@lovelylane.org](mailto:ryan@lovelylane.org).

## KidsClub on Wednesdays

**KIDSClub** begins every Wednesday with a family meal at 5:30 PM, followed by the program. Our theme this year is "Learning to Love Like God."

There's a registration form to fill out on the church website ([www.lovelylane.org](http://www.lovelylane.org)). Please fill out the form completely (it's for KidsClub & Sunday Schl.). The Sign Up Genius link is sent out weekly with the menu for the next Wednesday. We need weekly sign-ups so we know how many meals to prepare.

Masks are required for the children, assistants, and for all attending. We are monitoring the CDC's recommendations as the year progresses.

## SUNDAY SCHOOL FOR ALL AGES

**Children's classes:** Our theme is *Beginning to learn more about Jesus and our faith lives*. Children gather in the Fellowship Hall at 9:30 AM for music followed by a lesson from Sparkhouse.

**Adult classes:** Faith Issues meets in the Library and looks at contemporary topics and social issues. Myrna Loehlein is the class leader; members alternate teaching. Faith Journeys is starting a new study on the book, "The Lord's Prayer," by Adam Hamilton. The Rev. Steve Pudinski leads this class that meets in Rm. 205 (1<sup>st</sup> room on the left in the education part of the bldg.).

## Concerns & Celebrations

### **JOYS:**

- \*Christmas & holiday celebrations with loved ones!
- \*Blessings in the New Year! Fresh starts & new beginnings!
- \*Happy 45<sup>th</sup> Anniversary to Frank & Susan Camp
- \*Alfred Zigbuo with a call to find joy in all circumstances
- \*Pastor Kristina completing ordination paperwork
- \*Jim Moss with a promotion at work
- \*Welcome to the staff, Curtis Thomas, as Facilities Manager
- \*Ron & Rita Stewart celebrate new grandchild
- \*Appreciation for health care workers, school leaders, & snow plow drivers (esp. during challenging times)
- \*Art show coming to Lovely Lane on January 30; art is from former offenders who had been in prison
- \*Pastor Kristina & Ryan celebrate wonderful news of their pregnancy
- \*Happy Birthday, Dave Keefe
- \*Happy 16<sup>th</sup> Birthday, Jerry Lauritsen
- \*Alfred Zigbuo's wife is back in America, praise God!
- \*Outdoor activities during the winter months
- \*Zara Rutherford, youngest woman to fly solo around the world

### **HAPPY ENDINGS**

Happy Endings, book discussion group, will meet on Monday, February 14<sup>th</sup>, at 10:00 AM in the church library. The book we will read is *The Stranger in the Lifeboat* by Mitchell Albom. The book to read for March is *Ordinary Grace* by William Kent Krueger. Looking forward to seeing everyone in February.

### **WORSHIP VOLUNTEER SERVANT SIGN UP**

Please visit our website ([www.lovelylane.org](http://www.lovelylane.org)) to sign up as a Worship Volunteer Servant: greeter, usher, and/or lector. You will find the sign up link for both the 8:30 and 10:30 AM service listed in the website under "Worship Servant Signup." Please check your calendar and choose a date(s) to serve in this important ministry! Thank you in advance for your participation!!

### **CONCERNS:**

- \*Sympathy to Shelly & Brian Turner & family on the passing of her mother
- \*Sympathy to Kent & Joy Jackson after passing of their brother-in-law with cancer
- \*Sympathy to Shawn Stepp after passing of her friend
- \*Sympathy to Gale & Bev Speer after the passing of their son, Travis
- \*Sympathy to Wayne & Catherine Erie after the passing of Catherine's mother, Luella
- \*Sympathy to Justin & Melissa Davis after the passing of Melissa's uncle, Dean
- \*Sympathy to Marci Wittles after the passing of her niece-in-law
- \*Sympathy to the family of Thelma Perry after her passing
- \*Jim & Sue Moss after passing of new puppy, Frosty
- \*Remembering the life of Dr. Martin Luther King, Jr.
- \*Kathleen Potter-Stepleton with hospitalization
- \*Kent & Joy Jackson & family recovering from Covid
- \*Helen Anderson recovering from Covid
- \*Jan Robinson with glaucoma-related surgery
- \*Janice Jamison with medical procedure
- \*Dennis Ramsey's father, Richard, after hospitalization
- \*Eric Wylie's mother, Nancy, with care concerns
- \*Lu Serbousek's cousin, Bonnie, with health concerns
- \*Curtis Thomas's sister, Joyce, w/medical procedure
- \*Barb Waterhouse-Miller's aunt with surgery
- \*Children's Weekday Ministries & local schools with Covid challenges, & all those with Covid concerns
- \*State of Colorado following wildfires
- \*Persons with addiction concerns & mental health challenges
- \*National & international concerns
- \*Citizens of Tonga & Samoa after earthquake & tsunami
- \*Burns UMC in Des Moines following bomb threat
- \*Persons connected to synagogue standoff in Dallas
- \*International relations between Russia & the Ukraine

### *Remembering with love:*

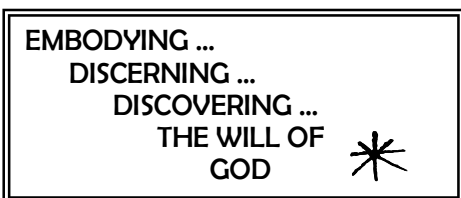
*Kay Rath.....2018*  
*Eddie Anderson, Jr...2018*  
*Daniel Randall.....2019*  
*Gene Kadlec.....2021*  
*Sally Craig.....2021*



**Lovely Lane**  
United Methodist Church

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Cedar Rapids, IA 52402

RETURN SERVICE REQUESTED



***Find out more about us:***

Website: [www.lovelylane.org](http://www.lovelylane.org)  
Facebook: [www.facebook.com/lovelylaneumc](http://www.facebook.com/lovelylaneumc)  
Phone: 319-393-6674

**Lovely Lane Staff**

Lead Pastor.....Dr. Scott Meador  
Associate Pastor.....Rev. Kristina Roth-Klinck  
Sr. Office Manager.....Sue Moss  
Office Manager.....Marti Bowman  
Director Children's Weekday Min.....Dawn DuPont  
Kid's Club Director.....Julie Meyer  
Christian Educator..... Barb Geissingner  
High School Youth Director.....Ryan Roth-Klinck  
Organist.....Dennis Ramsey  
Choir Director.....Nancy Patrick  
Children's Choirs.....Carla Jesse  
Director of Handbells.....Charlie Kucera  
Nursery.....Shelbie Wood, Tara Neveu,  
& Paige Gerjets  
Wedding Coordinator.....Becky Wood  
Facilities Manager.....Curtis Thomas  
Custodians.....Rex, Rhonda & Jessica Heasty  
Audio/Visual Coordinator.....Eric Wylie  
Treasurer.....Marcie Stumpf  
Finance Secretary.....Patty Logsdon  
Webmaster.....Shelly Turner