

Preschool Illness Guidelines

Showing signs of illness:

Traditional Symptoms - child will be sent home if they have these symptoms.

- Vomiting in last 24 hrs
- Diarrhea in last 24 hrs
- Fever of 100.0 or above

Child cannot return until they are free of these symptoms for at least 24 hours.

Here are some high risk COVID symptoms to look out for:

- New cough
- Shortness of breath/difficulty breathing
- Sore throat
- Loss of taste or smell
- Headache that lasts hours

Doctor's note & tests no longer required for symptoms except for known exposures. But error on the side of caution when determining when to send your child to school.

A child who is not feeling well at home is not going to enjoy their time at school.

Exposed to COVID:

Exposed means you have been in close contact with someone who has tested positive.

Close contact is considered being within 6 ft of someone for 15+ mins in a 24 hr time period, within 48 hrs prior to the person testing positive or showing symptoms.

You are considered exposed whether you are showing symptoms or not.



If you are exposed to a student/family member: Quarantine

You may return after 10 days have passed, counting the day you were exposed as day 0.

If you are exposed to a vaccinated staff: Quarantine

You may return after 10 days have passed or return on day 6 with a negative test on day 5, counting the day of exposure as day 0.

If you develop symptoms during your quarantine:

Your quarantine will now extend to 10 days from when your symptoms started, or take a test 5 days from exposure to keep your original return date. Symptoms need to be improving and fever free for 24 hrs in order to return.

If your child has had COVID in the last 90 days, they are not required to quarantine **unless they are showing symptoms.**

Positive for COVID:

If you are COVID positive and have symptoms: Isolate

You may return after 10 days have passed, counting the first day of symptoms as day 0. Symptoms need to be improving and fever free for 24 hrs.

If you are COVID positive without symptoms: Isolate

You may return after 10 days have passed, counting the day you tested positive as day 0.